



Pinnacles FC **Coaches Code of Conduct**

Fair Play

- I will teach my players to play fairly and to respect the rules, the officials, and our opponents.
- I will ensure that all players get equal instruction, support and playing time at the house league level and get fair playing time at the divisional level. I must remember that our kids pay PFC a fee to play the game. As a result, I will ensure that every child plays in every game.
- I will ensure that no advantages are sought during a game, except those of superior skill and effort. I respect that winning is desirable, but winning at any cost defeats the purpose of the game.
- I will review the Club's Players Code of Conduct with my team prior to the start of the season.
- I will obtain proper training and continue to upgrade my coaching skills as identified and recommended by the Head Coach
- I will not have unrealistic expectations. I will remember that child athletes are not miniature professionals and cannot be judged by professional standards.

Respect for Others

- I will not ridicule or yell at my players for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
- I will respect officials' decisions with dignity and grace. I understand that officials are volunteering their time to the game.
- I will refrain from the use of profane, insulting, harassing, threatening, or otherwise offensive conduct and language while coaching. I will refrain from public criticism of fellow coaches and parents.
- I will treat opponents and officials with respect both in victory and defeat and encourage athletes to act accordingly. I will remember that visiting teams and spectators are honored guests.
- I will encourage all children to play by the rules and to resolve conflicts without resorting to hostility or violence.

Health & Safety



- I will make sure that equipment and facilities are safe and match the players' ages and abilities
- I will be aware of the physical and mental conditions of my players and I will not play anyone who is too sick or injured to play.
- I have completed the Concussion Awareness Training Tool (CATT) educational course for coaches online, and a copy of my certificate of Completion has been sent to the Club.
- I am aware that a concussion is a brain injury that may be caused by any blow to the head, face, or neck or by a blow to the body that causes a sudden jarring of the head.
- I understand that a player does not need to lose consciousness to have sustained a concussion.
- If I suspect that any player may have a concussion, I will immediately remove them from further play and inform the payer's parent immediately.
- I have read, understood, and will follow the Club's Return to Activities Policy.
- I will forthwith provide any medical clearance given to me pursuant to the Return to Activities Policy to a current member of the Club's executive.

I understand and agree to follow the Coaches Code of Conduct.

I understand that coaching for Pinnacles FC is a privilege that may be revoked immediately if I violate any of the policies indicated in this agreement. I understand that any violation of these rules may lead to disciplinary action.

I also agree to immediately report (within 24 hours) any violations of the Pinnacles FC Code of Conduct Policies (coaches, players and parents) or Return to Activities Policy that occur on or off the field. Failure to do so may result in disciplinary action. Reports of violations may be sent to pinnaclesfc.office1@gmail.com

Name of Coach (please print)

Signature of Coach

Age Group & Team

Date: _____



Pinnacles FC Parents Code of Conduct

Fair Play

- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will remember that children play sports for their enjoyment and not for you to live vicariously through.
- I will accept the results of each game and encourage my child to be gracious in victory and defeat.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of the game.
- I will ensure that my child arrives at practices and games on time and I will support the efforts of the coaches in their decisions for the betterment of the team.

Respect

- I will never question the officials' judgment or honesty in public.
- I will not verbally abuse or harass the coaches, officials, volunteers or athletes.
- I will respect and show appreciation for the volunteer coaches and other Pinnacles FC volunteers who give their time to the club so that my child can play soccer.
- If I have a grievance, I will first attempt to approach the coach and discuss the matter. If these concerns cannot be resolved, I will contact the Club's TD/Head Coach.

Health & Safety

- I will ensure that my son or daughter wears proper equipment.
- I will ensure that I attend and remain at every game and practice in case my child needs my attention. If I need to leave a game or practice, I will have another parent take responsibility for my child and I will inform the coach, assistant coach, or team manager of the parent responsible for my child.
- I will review the Club's Players Code of Conduct with my child and ensure that my child understands and follows the Code.
- I am aware that a concussion is a brain injury that may be caused by any blow to the head, face or neck, or by a blow to the body that causes a sudden jarring of the head.



- I understand that a concussion is difficult to detect and has a variety of symptoms including confusion, memory loss, dizziness, headaches, vomiting, or vision problems. Significantly, a player does not need to lose consciousness to have a concussion.
- I understand that if my son or daughter exhibits any signs or symptoms of a concussion then they will be removed from all soccer related activities.
- I also understand that I am responsible for reporting any signs or symptoms of a concussion to a Doctor with experience in the evaluation and management of concussions.
- If my son or daughter exhibits any signs or symptoms of a concussion I will follow and support the Club's Return to Activities Policy including providing written proof of medical approval before my child may return to play.
- I will also not allow my child to play if they are injured or too sick to do so and I will inform the coach, assistant coach, or team manager of any injury or illness that may affect my child's ability to play.

I understand and agree to follow the Parents Code of Conduct and I understand that the Club may consider disciplinary action against me should I not comply.

Print Name of Parent

Signature of Parent

Print Name of Child

Date: _____



Pinnacles FC Players Code of Conduct

Fair Play

- I pledge to learn, understand, and follow the written rules of soccer and the accepted rules of fair play.
- It is my responsibility to maintain self-control. I will accept officials' decisions without argument, play with intensity and desire but without hostility, and behave graciously in triumph or defeat.
- I will remember that winning isn't everything – that having fun, improving skills, making friends and doing my best are just as important.
- I will always play for the good of my teammates and be a model representative for Pinnacles FC.

Respect for Others

- I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.
- I believe that verbal abuse, violence and physical intimidation are harmful to sport, and I will not use such tactics.
- I will conduct myself with pride and dignity and will wholeheartedly applaud the efforts of my teammates.
- I understand that officials, teammates and opponents are integral to the success of the club and are worthy of my respect.

Health & Safety

A concussion is a rare but serious injury in soccer. It is an injury to your brain. It can be caused by a blow to your head, face or neck, or even by the sudden movement of your head, face, or neck. For example, if two players accidentally hit their heads together that could cause a concussion to one or even both of the players.

A concussion can cause both long term and short-term side effects such as headaches, feeling dizzy, having blurry vision, or having stomach pains. You do not need to be knocked out to have a concussion.



- I think I may have a concussion I will stop playing immediately and tell my coach and parents. Also, if I have any other type of injury or if I am feeling too sick to play, I will stop playing immediately and tell my coach and parents.
- I understand that continuing to play with a possible concussion may increase my risk of experiencing worse and longer concussion related symptoms, as well as increasing my risk of other injuries.
- I will not hide any signs or symptoms of a concussion. I will tell my coach, parent, or responsible adult if I think I may have a concussion.
- I understand that if I experience any signs or symptoms of a concussion then I will not be able to keep playing.
- I also understand that if I experience any signs or symptoms of a concussion then I will need to go to a Doctor who has experience in treating concussions. I will follow the Doctor's instructions and my team's Return to Activities Policy before I return to playing games again.

I understand and agree to follow the Players Code of Conduct.

Name of Child

Date: _____